

Helplines in English

Age in Spain (+34) 932 209 741

Age Support Albox (+34) 634 316 573

Elder Abuse Helpline (+44) 20 8679 7074

Alcoholics Anonymous - Mojácar Step Meeting (+34) 634 300 364

Alcoholics Anonymous – Mojácar Discussion Meeting (+34) 634 300 36

Al-Anon Family Group Mojácar (+34) 698 46 08 01

British Consulate (Malaga) (+34) 952 35 23 00

Child Help Line Spain – 1161111

Childline UK (+44) 0800 1111

Church Based Abuse – Safe Space (+44) 0300 303 1056

Domestic Abuse Support Line Spain - Dial 016

Domestic Abuse Helpline UK (+44) 0808 2000 247

Respect – Helpline for male victims of domestic abuse (+44) 0808 801 0327

Mental Health SANELINE Help Line UK (+44) 845 767 8000

MIND (+44) 0300 123 3011

Depression Alliance (+44) 845 123 2320

Narcotics Anonymous UK Help Line (+44) 0300 999 1212

Families Anonymous (NA) Help Line (+44) 0207 4984 680

Samaritans in Spain (+34) 900 525 100

Samaritans UK (+44) 116 123

There is also a searchable database to find wider local support services including mobility equipment and welfare

<https://www.supportinspain.info/>

**SPANISH
EMERGENCY PHONE NUMBERS;**

**ALL EMERGENCIES
112**

GUARDIA CIVIL ----- 062
POLICIA NACIONAL --- 091
POLICIA LOCAL ----- 092
FIRE-BRIGADE -----080
MEDICAL EMERGENCIES - 061

POLICE (IN ENGLISH) - 902102112

COASTGUARD 900 202 202
RED CROSS - 902 222 292
